

"Why, you do not even know what will happen tomorrow."

What is your life?

You are a mist that appears for a little while and then vanishes".

James 4:14

JULY 29, 2018

1600 N. Missouri Street/West Memphis/AR/72301/870.735.3394 / [mymostchurch.com](http://mymostchurch.com)

# GRIEVING A LOSS

What is grief? In a simple definition, grief is the normal and natural reaction to a loss of any kind. We often think of losing someone to death as being the only loss that brings about grief in our lives. The death of a parent, a spouse, a child are major losses that bring grief about in our lives. But there are other losses that can bring grief into our lives. Divorce has a major impact that brings grief into one's life. Broken promises in a marriage, the loss of a job, a miscarriage and a lost childhood can cause grief to surface. Positive losses like children growing up, going off to college and moving away bring about a loss and the empty nester's syndrome. Parents can lose their identity when children leave home.

It has been overwhelming at all the losses we have had here at Missouri Street. In the ten years that I have been here at the MoSt church, there have been many losses which have changed the overall character and nature of our congregation. In some ways we can get lost in all of our grief and begin to struggle with our identity. In our recent spiritual conference, Angela, Hannah Ruth and I meet a couple, David and Debbie Matthews. David and Debbie live in Searcy and travel all over the country holding grief seminars at various churches and congregations. Hannah Ruth and I were able to attend one of their classes and we both learned a great deal about grief. Here are a few things we learned.

Often times when someone is grieving and they struggle with getting through a loss, they can begin to think that something is wrong with them. The goal of working through our grief is not to "get over" the loss, but rather to "get through" the loss, which is a different objective altogether. With any major loss, learning the new coping skills, learning to live differently without the presence of that individual in our lives becomes the goal. We will never "get over" major losses because they are a part of us, a piece of our lives has gone. So there is NOTHING wrong with a person who struggles in their grief. "Grievers have broken hearts, not broken brains," so DO NOT go around trying to "FIX" someone who is grieving. Grievers don't need to be fixed, they need to be loved and accepted. It is not a "test of their faith" either. "You should have more faith, you should believe in the promises of GOD," are comments some people make to those who are grieving. Even worse is when we say those things to ourselves. All grief is unique, because all relationships are unique. May the LORD GOD help us to better understand the impact of grief and how it effects our lives.

# BIBLE CLASSES

## BIBLE CLASSES FOR ADULTS

### Sunday

**The Book of Joshua**  
Lyndal Dale—**Auditorium**

**Unity in the Church**  
Dennie Stokes,  
Dexter Mott  
**Parlor**

**The SUM-thing**  
Jason & Lori Bratton  
**Room 221**

**Seeing the Unseen** (college age)  
(Joe Beam's book)  
Roy Wooten—**Room 219**

## BIBLE CLASSES FOR ADULTS

### Wednesday

**Ladies Class**  
Cathy Sippel, Glenda Runions,  
Loretta Dale—room 221 / 6 PM

**Men's Class**  
Mike Seale—Rash Hall / 6 PM

**Singing/Hebrews**  
Keith Nicholson—Parlor / 6 PM  
Rick Shirley

## YOUTH MINISTRY

Sunday  
7-12 grades  
Kendall Lowe  
room 205

## WEDNESDAY HUDDLE

Our teenage Huddle meets on Wednesdays at 6 PM in the Lamp Factory building.

## BIBLE CLASSES FOR CHILDREN SUNDAY

Nursery	April Stokes	Room 104
2 year old	Ellen Hall, Katie Chapple	Room 103
3-4 year old	Judy Shepherd	Room 102
K-1 grade	Sue Cash, Emily Cooley, Lori Nicholson	Room 115
2-3 grades	Jan Goslin, Carolyn Malone	Room 218
4-6 grades	Jessica Conn	Room 114

## NURSERY VOLUNTEERS

Katie Hollis, Peggy Mann, Cathy Sippel

## BIBLE CLASSES FOR CHILDREN WEDNESDAY

Nursery	Mary Anne Pike, Val Ramer	Room 104
2-3 year old	Lee Anne Williams	Room 105
4-5 year old	Jan Goslin, Vonna Nicholson	Room 114
1-3 grade	Victoria Deal, Mary Linn Webb	Room 115

# CHURCH NEWS

## GOD CALLS HOME THE BEST

"Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes". James 4:14

Rejoice with God, cry with the family... Reuben Parnell was called home to be with his heavenly father last Sunday. His funeral service was held at Missouri Street Church building on Thursday.

**SYMPATHY:** Our sympathy goes to Louise Hall in the passing of her son, Rickey Hall last Sunday. His funeral was on Wednesday in West Memphis.

## LEADING PRAYERS

- **Mid-Service**-Jim Skelton
- **Closing**-Dale Stewart

## NORTHSIDE KIDS CAMP (July 28-Aug. 4)

- We will be serving 50 teenagers meals on Monday, Wednesday, & Thursday. If you want to help please give your donations to Susan Creekmore or Judy Shepherd.

## TODAY

- **BABY SHOWER for Rachel James** will be TODAY from 1-2:30PM at the home of Carolyn Vickers. It's a boy! Rachel is registered on [Amazon](http://Amazon), at [Walmart](http://Walmart) and [Target](http://Target).

## MONDAY

- **EXERCISE CLASS FOR SENIORS** continues at 1 pm in room 211.

## THURSDAY

- **PRAYER BREAKFAST:** Join us on Thursday at 6:30 AM for breakfast & prayer.
- **EXERCISE CLASS FOR SENIORS** continues at 1 pm in room 211.

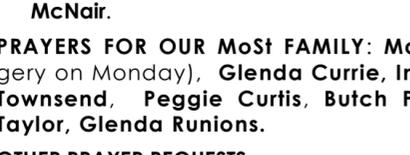
## FRIDAY

- **BREAKFAST CLUB:** Join us at the Shake Shack at 9AM.

## AUGUST

- **SUNDAY NIGHT CONGREGATIONAL SINGING:** The last Summer Congregational singing will be on **August 5**, at 5 pm in Rash Hall.
- **LADIES POTLUCK LUNCHEON** at Val's will be on Tuesday, August 7, at 11:30 AM. Do not forget your pantry items.
- **FOYER WORK PROJECT** will be on Saturday, **August 11**, at 8 AM. Please sign up in the foyer.

**CROWNPOINT BIRTHDAY CALENDARS** are available in the church office for Crownpoint team members. Let's try to send birthday cards to the kids and adults to keep in touch with them.



- Thanks for all the prayers for me-the surgeries & my broken ankle. Thanks for all the phone calls, texts, food & wonderful people who took me to various places when I couldn't drive. It's great to be a part of such a wonderful congregation. Bettye Cox

- Dear Church Family... We will forever be grateful to all of you for the prayers, cards, calls, & visits during James' illness. Thanks for the food that was brought over, as well as the meal that was prepared after the funeral & those who served it. James was always amazed at the love MoSt showed him throughout all of this, and we are too. It will never be forgotten! In Christian Love, Loys, Steve, Russ & Alex Teague

# PRAY

## PRAY FOR CAREGIVERS OF PEOPLE WITH LONG-TERM ILLNESSES

## PRAY FOR THOSE WHO LOST THEIR LOVED ONES

**HOSPITAL:** Methodist University hospital—**Steve Teague** (starting radiation & chemo treatments tomorrow)

**HOME FROM HOSPITAL:** **Jane Darr, Phillip Cooley**

## SHUT-INS

- **HOME:** **Ruie Harmon, Marge Young**
- **NURSING HOME:** Broadway Healthcare Center—**Griffin Elzey**, rm. 303; **Nema Richmond**, rm. 320; **Dyemple Harris**, room 403, **Gwen Townsend**, room 201; Willowbend Nursing & Rehab Center—**Helen McNair**.

**PRAYERS FOR OUR MoSt FAMILY:** **Mary Linn Webb** (thyroid surgery on Monday), **Glenda Currie, Inez Reavis** (fell twice), **John Townsend, Peggie Curtis, Butch Pike, Peggy Griffith, Sheryl Taylor, Glenda Runions**.

## OTHER PRAYER REQUESTS:

### Cancer

- **Gerald Cooper** (Reuben Parnell's friend) - a rare type of bladder cancer,
- **Lorri Petty**,
- **Joe Curtis** (friend of Doris Bridges) - skin cancer required extensive removal,
- **Joanna Abbott** (friend of Doris Bridges)

### Surgeries

- **Ann Harris** (sister of Bettye Cox-eye surgery on Monday in Little Rock)
- **Mary Dean LeBlanc** (a friend of the Yen family),
- **Jim Parnell** (brother of Reuben Parnell) - recovering after a back surgery)

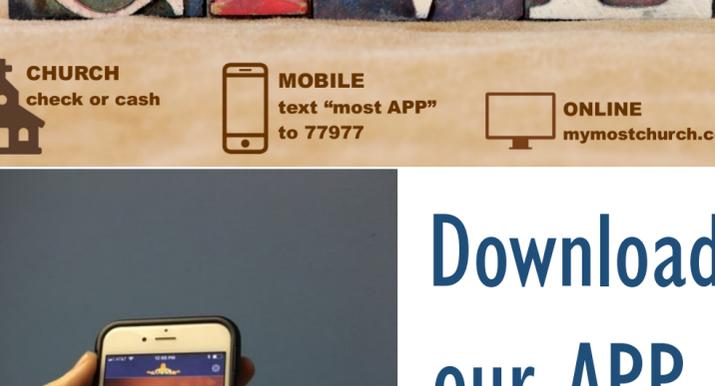
### Heart problems

- **Cindy Besteher** (friend of the Yens),
- **Bob Andrews** (friend of the Yens)

**Emma Lawrence** (granddaughter of Gretta Blanchard), **Roger Love** (Judy Shepherd's brother is in hospice care), **Bob Mosley** (brother of Bert Mosley), **Matt Robbins** (Crohn's), **Peggy Warbritton** (friend of the Yens-health issues), **Fred Hougland** (brother of Patty James), **Dale Wadley** (friend of Doris Bridges), **Noah Rickard** (Grandson of the Yens - polycystic kidney disease),

If you want your prayer request to be mentioned in our prayer list please contact the church office either by email ([victoriadeal@comcast.net](mailto:victoriadeal@comcast.net)) or by phone (870.735.3394). If there are changes please let the office know. WE START A NEW EVERY MONTH.

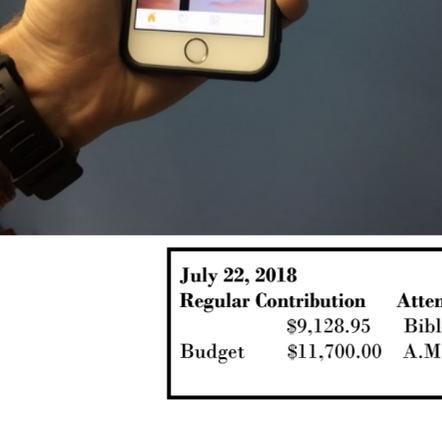
# How can I



**CHURCH**  
check or cash

**MOBILE**  
text "most APP"  
to 77977

**ONLINE**  
[mymostchurch.com](http://mymostchurch.com)



# Download our APP today

Text "MOST APP" to 77977

follow the instructions  
**Allow Push Notifications**

<b>July 22, 2018</b>			
<b>Regular Contribution</b>	<b>Attendance</b>		
\$9,128.95	Bible Class	116	
Budget \$11,700.00	A.M. Service	270	