

FEBRUARY

10, 2019

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THE POWER OF WORDS

Communication is always in the top two or three characteristics listed in books on how to have successful relationships. Whether a marriage relationship or relationships in the corporate world, clear communication is essential. How a couple communicates is absolutely vital to the closeness of their relationship. How a CEO and V.P. talk with the rest of their fellow workers contributes heavily to the success of their business. Words can create an atmosphere of love and trust but can also be deadly and destructive...as the following story illustrates.

My wife and I were sitting at a table at her high school reunion. She kept staring at a drunken man swigging his drink as he sat alone at a nearby table. I asked my wife, "Do you know him?" "Yes," she sighed, "He's my old boyfriend. I understand he took to drinking right after we broke up those many years ago, and I hear he hasn't been sober since." "My goodness!" I said, "Who would think a person could go on celebrating that many years?"...AND THEN THE FIGHT STARTED...

That husband could have used the Wisdom of Solomon, "A wise man's heart guides his mouth, and his lips promote instruction. Pleasant words are a honeycomb, sweet to the soul and healing to the bones," (**Proverbs 16:23-24**). Or perhaps, "A gentle answer turns away wrath, but a harsh word stirs up anger," (**Proverbs 15:1**).

In his book, *The Five Love Languages*, Dr. Gary Chapman shares with couples the importance of learning "how to express heartfelt commitment to your mate." One of the "love languages" is the language of "encouraging words." I think it is safe to say that pretty much all of us respond positively to uplifting and encouraging words. In a culture that thrives on cutting, humorous sarcasm; complimentary and kind words have become infrequent. Chapman tells us that encouraging words inspire and build others up. They are words of kindness and thankfulness, words that communicate appreciation. The Apostle Paul wrote, "Love is kind," (**1 Cor. 13: 4**). Love is expressed in both acts and words of kindness. In **Acts 4:36** Joseph, a Levite from Cyprus, was called Barnabas by the apostles (which means, Son of Encouragement). Let me challenge us this week to practice the principle of giving out sincere words of encouragement to those around us. Then note the power of your words. I think you will be impressed with the results. Be blessed!!

BIBLE CLASSES FOR ADULTS ON SUNDAY

Life & Theology of Paul Phillip Cooley—Auditorium

Colossians/Philemon Dennie Stokes & Dexter Mott—Parlor

The SUM-Thing Jason & Lori Bratton—Room 221

Focusing on **S**ervice * **U**nity * **M**inistry and the concept that the church is stronger when it is a Sum of all of its parts.

YOUTH MINISTRY BIBLE CLASSES ON SUNDAY

Lads to Leaders Debate Team Lyndal Dale—room 213

Our Relationship with God Kendall Lowe—room 205

BIBLE CLASSES FOR CHILDREN ON SUNDAY

Nursery	April Stokes & Winkie Horton	Room 104 2 y.o. please go to nursery
3-4 year old	Judy Shepherd, Lori Nicholson	Room 102
K-1 grade	Sue Cash, Emily Cooley	Room 115
2-3 grades	Jan Goslin, Carolyn Malone	Room 218
4-6 grades	Jessica Conn, Karen Ault	Room 220

NURSERY VOLUNTEERS

Joyce Holt, Cora Norman, Judy Shepherd

KIDS CORNER

Dear Parents, at the Kids Corner by the elevator, you can pick up activity sheets & crayons to entertain your little ones during the service.

CHURCH NEWS

TODAY

DAVID MATHEWS BOOKS ARE HERE: If you ordered a book, talk to Mike.
WINTERFEST 2019/FEBRUARY 15-17: A short meeting for all participants & their parents will be held following AM service in the Rash Hall.
WEDDING SHOWER for Delaney Chapple & Alex Flake will be from 1-2:30 PM at the home of Val Ramer. For the registry click [here](#).
ENCOURAGEMENT CARDS: Please write encouragement cards and drop them in the bags provided in the foyer. There are 28 bags. There is a list of the names (tucked between the boards) for your convenience. They will be delivered on Thursday.

SYMPATHY: We express our sympathy to Dan Shepherd in the passing of his aunt, Bonnie Ueltschey. Her funeral was on Saturday in West Virginia.

MONDAY

EXERCISE CLASS meets at 1 PM in rm 211.

WEDNESDAY

WRITINGS OF PAUL CLASS will meet at 3 PM in room 221. Teacher-Dan Shepherd.

LOVE ONE ANOTHER SERVICE: Let's celebrate God's love. Come on Wednesday, **February 13**, at 6 PM in Rash Hall. We will eat (baked potato bar, green salad, desserts), sing & have a devotional. The service will be over at 7 PM. There will be no classes. PLEASE SIGN UP IN THE FOYER TO HELP WITH FOOD.

THURSDAY

PRAYER BREAKFAST: Join us on Thursday at 6:30 AM in Rash Hall.
LADIES POTLUCK LUNCHEON AT VAL'S will be on Thursday, **February 14**, at 11:30 AM. Wear red, do not forget your pantry items.
EXERCISE CLASS meets at 1 PM in rm 211.

FRIDAY

BREAKFAST CLUB meets at the Shake Shack at 9AM.

MARCH

SOUP SUNDAY benefitting Families in Transition will be on Sunday, **March 3**, 11-2 PM, at Tacker's Shake Shack. Buy tickets from Loretta Tacker or Jane Dalton (\$8 in advance or \$10 at the door)

ATTENTION

LOST AND FOUND: Please pick up your dishes on the shelf opposite the elevator. there are glasses, bracelets, even a car fob in the office. Please contact Victoria if you are missing something...

CHURCH APP: Download our APP—a very useful tool to access the directory, sermons, bulletins, devotionals, events. You can even make your contribution using the app.

SODA TABS FOR THE RONALD MCDONALD HOUSE: Please save soda tabs. There is a bin in the courtyard hallway for the tabs. You can visit the Ronald McDonald House website for more information about their tab program. Becky Northcutt

DEVOTIONALS

In the month of February our focus is on God's Love for us and our love for each other. Devotionals written by people you know are posted on our [blog](#), Facebook page, app and email. Do not miss out on inspiration.

PRAY

PRAY FOR CAREGIVERS OF PEOPLE WITH LONG-TERM ILLNESSES; THOSE WHO LOST THEIR LOVED ONES

HOSPITAL: [Baptist Memorial](#)—Diann Combs, room 2368.
SHUT-INS

HOME: Ruie Harmon, Marge Young
NURSING HOME: [Broadway Healthcare Center](#)—Griffin Elzey, rm. 303; Nema Richmond, rm. 320; Gwen Townsend, room 212; Lawanda Adams

PRAYERS FOR OUR MoSt FAMILY: Evgenia Ketkina, Peggie Curtis, Sheryl Taylor, Chris Clark, Christine James, Clara Barnes, Carol Horton (chemo treatments), Frankie Yen, John Warmath, John Townsend (chemo treatments), Bud Saffell (chemo treatments)

OTHER PRAYER REQUESTS: Patty Crittenden, Floyd Holmes (brother of Tee Holmes (had a heart attack, 2 surgeries & is waiting for a kidney transplant), Bob Andrews (friend of the Yens), Devin Kelly (Gretta Blanchard's grandson), Sharon Belew (daughter of Clara Barnes), Chuck Wood (radiation treatments), Noah Rickard & Madison Yen (grandchildren of the Yens), Lorri Petty

If you want your prayer request to be mentioned in our prayer list please contact the church office either by email (victoriadeal@comcast.net) or by phone (870.735.3394). If there are changes please let the office know. WE START A NEW LIST EVERY MONTH.

Download our APP
Text "MOST APP" TO 77977
FOLLOW INSTRUCTIONS
ALLOW PUSH NOTIFICATIONS

How Can I Give

- CHURCH**
Cash / Check
- MOBILE**
Text "most" to 77977
- ONLINE**
mymostchurch.com

February 3, 2019			
Regular Contribution	Attendance		
\$12,589.10	Bible Class	133	
Budget \$11,700.00	A.M. Service	265	